

MyHealth Online - Adolescent Proxy Access Overview

Adolescent Proxy Access for [MyHealth Online](#) allows a parent or legal guardian **limited access** to an Atrius Health patient who is **13 to 17 years old**. The proxy will be able to view limited components of the adolescent patient's medical record and communicate with the patient's physician's office regarding non-urgent matters on the patient's behalf. Viewable components of the medical record include immunizations, procedures, medications, and test results. Clinicians, taking patient confidentiality concerns into account, may release STD, pregnancy and genetic testing results on a case-by-case basis; these results would be visible to both patient and proxy.

Parents and legal guardians can be given Adolescent Proxy access **in person, at the teenager's Primary Care office** (no form required, both adult and teenager present), or by completing the Adolescent Proxy Access Authorization Form (below) and mailing or presenting it to the **teenager's Primary Care office** (see Atrius Health locations below).

At age 18, the patient will have full control of their MyHealth Online account, and Adolescent Proxy Access will be discontinued. Beyond the age of 18, a patient may authorize proxy access by requesting Adult Proxy Access.

Adolescents themselves can create their own MyHealth Online accounts during an office visit, and log into their accounts directly with near-full access.

Adolescent Proxy Terms and Conditions:

- The proxy must be the parent or legal guardian of the patient. If the requestor is not a parent or legal guardian, please call the patient's Primary Care office (see Atrius Health locations below).
- Each parent/legal guardian requesting access must have their own active MyHealth Online account, but does not need to be an Atrius Health patient.
- Adolescent Proxy Access can be terminated by the parent/legal guardian at any time on the MyHealth Online website or by written request. Atrius Health can terminate proxy access at any time, for any reason.
- For parents/legal guardians with *existing* Pediatric Proxy Access (patients 12 years old and under), their access will automatically transition to this more limited Adolescent Proxy Access when the child turns 13 – see the available features list below.

MyHealth Online Adolescent Proxy Access Features:

Adolescent Proxy Access offers the following **limited access** (limitations pursuant to Massachusetts law and Atrius Health policies).

| Available features: | Features not available: |
|---|---|
| <ul style="list-style-type: none"> • Communicate with the teen's physician's offices about non-urgent issues • View growth charts, immunizations, allergies, and health trends • View test results • Schedule appointments • Preventive care appointment reminders • Limited Appointments - physicals, flu shots, and visits in certain specialties will be shown <p>Not a complete list. Additional features may be enabled over time.</p> | <ul style="list-style-type: none"> • View current health issues • View medications • View visit notes • View growth charts • Pre-visit updates • Add/remove allergies |

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For internal use only

Adolescent Proxy Access Authorization Form

MyHealth Online Adolescent Proxy Access to a patient 13 to 17 years of age

PATIENT'S INFORMATION

All fields are required. One patient per form.

Patient's Name: _____ DOB: _____

Address: _____ Gender: Male Female Non-Binary
 Transgender Other

City, State, Zip: _____ Primary Care Physician: _____

Telephone No: _____ Health Site Location: _____

Patient's email address (optional): _____

please print clearly

PARENT/LEGAL GUARDIAN'S INFORMATION

Parent/Guardian is the proxy. All fields are required.

Parent/Legal Guardian's Name: _____

DOB: _____ Gender: Male Female Non-Binary
 Transgender Other

** Only enter address if different than Adolescent's above*

Address: _____

City, State, Zip: _____

Telephone No: _____

Parent/Legal Guardian's email address (required): _____

please print clearly

Please provide the last 4 digits of your Social Security # _____
The last 4 digits of the social security number is required for authentication purposes and will be stored securely in compliance with applicable laws.

Are you an Atrius Health patient? Yes No
Select "Yes" only if you have seen a doctor or other clinician at Atrius Health (Harvard Vanguard, Dedham Medical Associates, Granite Medical Group, or PMG)

If yes, please provide the name of *your* clinician: _____

Confirmation and Authorization Signature

I have read and understand the requirements for accessing the above-named patient's MyHealth Online account and agree to abide by these requirements. I certify that I am the parent or legal guardian of the child listed on this form and that all information I have provided is correct. I understand Adolescent Proxy Access will display **limited medical information**.

This access will expire on the patient's 18th birthday. A photocopy of this authorization is as valid as the original. I certify that all the information I have provided is correct. I hereby request MyHealth Online Adolescent Proxy Access to the above-named patient.

 Date Parent/Legal Guardian Signature

Atrius Health Site Location Information

Please drop off or mail the completed proxy authorization form to the appropriate administrative office of the patient's/teen's primary care physician's office. The form is not required if requesting Adolescent Proxy access in person.

Visit www.atrusheralth.org/locations for more location and department details.
Visit myhealth.atrusheralth.org/proxy for current proxy information and authorization forms.

Please call the **patient's primary care provider office** with any questions.

Atrius Health – Dedham
Attention: MyHealth Proxy Coordinator
One Lyons Street
Dedham MA 02026
Phone: 781-329-1400

Atrius Health – Norwood
Attention: MyHealth Proxy Coordinator
1177 Providence Highway
Norwood MA 02062
Phone: 781-329-1400

Atrius Health - Burlington
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
20 Wall Street
Burlington MA 01803
Phone: 781-221-2500

Atrius Health – Cambridge
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
1611 Cambridge Street
Cambridge MA 02138
Phone: 617-661-5500

Atrius Health - Chelmsford
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
228 Billerica Road
Chelmsford MA 01824
Phone: 978-250-6000

Atrius Health - Chestnut Hill/West Roxbury
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
291 Independence Drive
Chestnut Hill MA 02467
Phone: 617-541-6600

Atrius Health – Concord
Administration Office
Attention: MyHealth Proxy Coordinator
330 Baker Avenue
Concord MA 01742
Phone: 978-287-9300

Atrius Health – Copley
Administration Office
165 Dartmouth Street
Boston MA 02116
Phone: 617-859-5000

Atrius Health – Kenmore
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
133 Brookline Avenue
Boston MA 02215
Phone: 617-421-1000

Atrius Health – Medford
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
26 City Hall Mall
Medford MA 02155
Phone: 781-306-5100

Atrius Health – Peabody
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
2 Essex Center Drive
Peabody MA 01960
Phone: 978-977-4000

Atrius Health – Quincy
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
Presidents Place - South Tower
1250 Hancock Street
Quincy MA 02169
Phone: 617-774-0600

Atrius Health – Somerville
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
40 Holland Street
Somerville MA 02144
Phone: 617-629-6000

Atrius Health – Watertown
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
485 Arsenal Street
Watertown MA 02472
Phone: 617-972-5100

Atrius Health – Wellesley
Administration Office
Attention: MyHealth Pedi Proxy Coordinator
230 Worcester Street
Wellesley MA 02481
Phone: 781-431-5400

Atrius Health – Bourne
Attention: MyHealth Proxy Coordinator
2 Technology Park Drive
Bourne MA 02532
Phone: 508-743-9543

Atrius Health – Plymouth Cordage Park
Attention: MyHealth Proxy Coordinator
10 Cordage Park Circle
Plymouth MA 02360
Phone: 508-746-2924

Atrius Health – Plymouth Court St
Attention: MyHealth Proxy Coordinator
362 Court St
Plymouth MA 02360
Phone: 508-746-7543

Atrius Health – Duxbury
Attention: MyHealth Proxy Coordinator
20 Tremont St
Duxbury MA 02360
Phone: 781-934-0172

Atrius Health – Kingston
Attention: MyHealth Proxy Coordinator
214 Main St
Kingston MA 02364
Phone: 781-585-2172

Atrius Health – Plymouth Long Pond
Attention: MyHealth Proxy Coordinator
110 Long Pond Road
Plymouth MA 02360
Phone: 508-746-5351

Atrius Health – Plymouth Pine Hills
Attention: MyHealth Proxy Coordinator
3 Village Green North
Plymouth MA 02360
Phone: 508-224-2224